

## Driving Directions to Pacific Medical Center Lynnwood



**Address:** 19401 40th Ave W #230  
Lynnwood, WA 98036

**Phone:** (425) 744-7153

**Clinic Hrs:** Mon, Wed & Thurs, 8:00am – 5:30pm  
Tues & Fri, 8:00am – 5:00pm

**Appt line:** Mon – Fri, 8:00am to 5:00pm

**Web:** [www.PacMed.org](http://www.PacMed.org)



### Directions

**From I-5 Northbound:** Use Exit 181 to 44th Ave W. Turn left at light. Proceed to 3rd light (196th St SW) and turn right. At first light (40th Avenue W), turn left. Go one block and turn right into Pacific Medical Centers - Lynnwood. The clinic entrance is on the northwest side of the building.

**From I-5 Southbound:** Use the Lynnwood Exit, 181. Take the westbound exit ramp (right lane) to 196th St. Go to the second light and take a right on 40th Ave. W. Pacific Medical Centers - Lynnwood is one block up on the right hand side (the four storey black glass building). The clinic entrance is on the northwest side of the building.

We offer free parking.

Sound Transit:  
<http://www.soundtransit.org>  
(888) 889-6368

Metro Transit:  
<http://transit.metrokc.gov>  
(206) 553-3000

Community Transit:  
<http://www.commtrans.org>  
(800) 562-1375