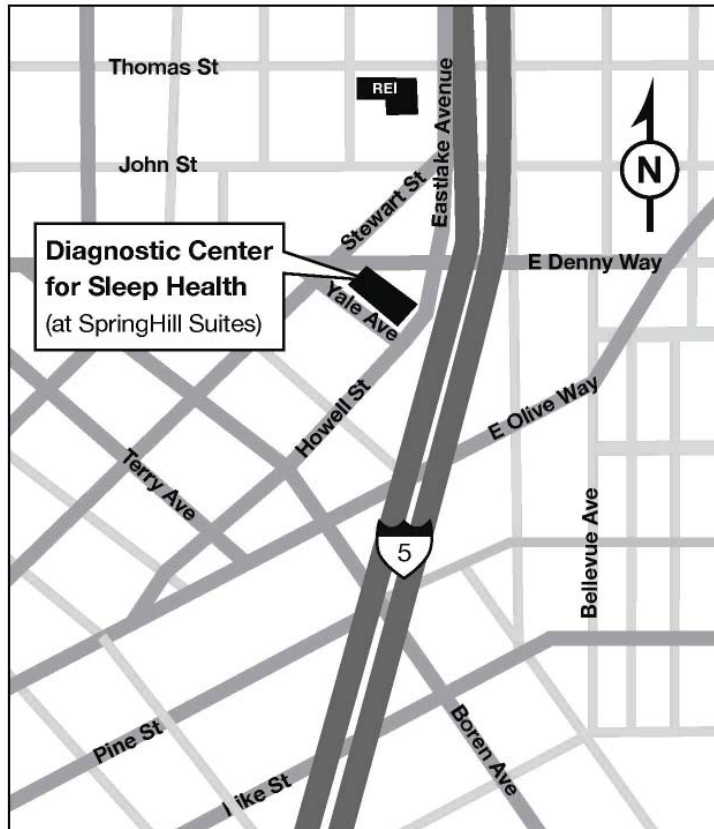


## Driving Directions to Diagnostic Center for Sleep Health



**Address:** 1800 Yale Ave 10th Fl  
Springhill Suites Hotel  
Seattle, WA 98101

**Phone:** (206) 709-8999 or  
(206) 892-1902

**Clinic Hrs:** Sun – Fri, 7pm – 7am

**Appt line:** Mon – Fri, 9am – 5pm

**Web:** [www.PacMed.org/sleepcenter](http://www.PacMed.org/sleepcenter)



## Directions

**From I-5 Southbound:** Take the Stewart St exit 166 toward Denny Way. Make a slight left onto Eastlake Ave E. Eastlake Ave E becomes Howell St. Continue and turn right onto Yale Ave. Make your first right into the Marriott SpringHill Suites valet parking area. The sleep lab is on the 10th floor of the hotel. Please check in with one of our sleep technologists in Suite #1010.

**From I-5 Northbound:** Take Exit 167 on the left towards Mercer St. Keep left at the fork, follow signs for Fairview Ave/Denny Way. Turn left at Fairview Ave N. Turn left at Denny Way. Make a slight right at Yale Ave. Make a left into the Marriott SpringHill Suites valet parking area. The sleep lab is on the 10th floor of the hotel. Please check in with one of our sleep technologists in Suite #1010.

**Coming from east of Seattle via 520 westbound:** Get on 1-5 South, then follow the southbound directions.

**Via I-90 westbound:** Get on 1-5 North, then follow the northbound directions.

**Complimentary valet parking is available.**