

Taking a trip soon?

The PacMed™ Travel Clinic offers comprehensive travel services for adults and children.



**Alexander M. Hamling,
MD, MBA, FAAP**
Pediatrics

“My goal is to always provide the highest quality of patient-focused pediatric care.”



Ruchi Sharma, MD
Internal Medicine

“I believe in effective communication, mutual respect and utilizing evidence-based medicine.”

Before you pack your bags for international travel, come to the Travel Clinic!

If you travel abroad, you'll want to be in good health and ready for illnesses you might encounter on your adventures. Be sure to make a medical travel clinic your first vacation stop.

Dr. Alexander Hamling and Dr. Ruchi Sharma run the PacMed Travel Clinic at our Canyon Park clinic in Bothell. They can be seen by appointment for:

- Complete pre-travel exams
- Immunizations
- Malaria prevention tips and medications
- Country-specific advice:
 - Safe food and water suggestions
 - Injury prevention and what to do when you're away from home
 - Medication suggestions

Dr. Hamling sees children under the age of 18 and checks their vaccinations for travel. Dr. Sharma sees adults age of 18 or older.

Whether you're an international backpacker or a relatively inexperienced traveler, the clinic can prepare you for a healthy trip.

To make a Travel Clinic appointment, call:

Canyon Park clinic at 425.412.7200 and choose option 3

Remember to schedule your visit for at least one month before your departure.

Please note that the Travel Clinic charges patients directly for services. Some insurance providers will pay for travel vaccines and medications.

Canyon Park

1909 214th St SE, Ste 300 | Bothell, WA 98021

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY: 711).

注意：如果您講中文，我們可以給您提供免費中文翻譯服務，請致電888-311-9127 (TTY: 711)

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